

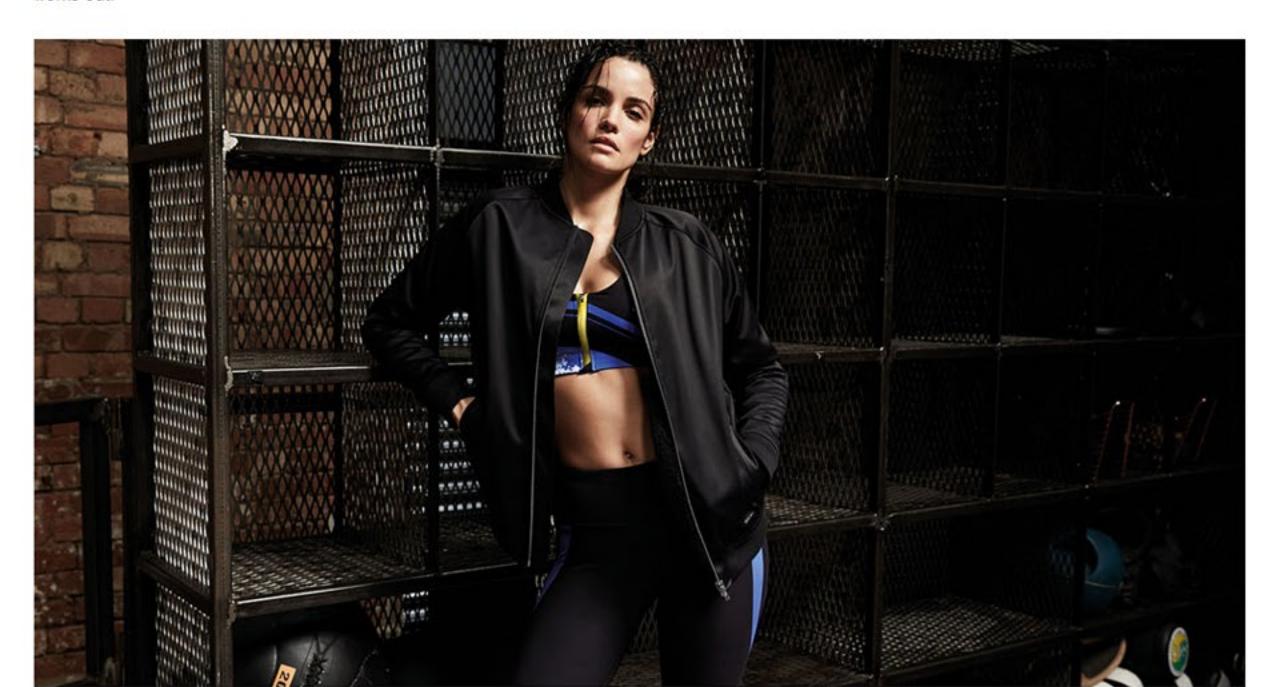
HOLIDAY NEW IN SHOP LOOKS SHOP ACTIVITY SHOP CLOTHING SB WORLD

Home > Community > Blogs

Meet The Model: Sofia Resing

posted on Wednesday, 6th September 2017 | find under Fashion , Behind the Scenes

A brazilian bombshell and Sports Illustrated model, who better than <u>Sofia Resing</u> to showcase our <u>bum-sculpting leggings</u>. The former face of La Perla, who's been spotted on the catwalks for Etam and Cushnie et Ochs, we caught up with her to talk green juice, career highlights and where she works out.



Sofia wears the Power Leggings, Upbeat Bra and Reversible Bomber Jacket

Where are you from?

Brazil Baby!

How did you get into modelling?

I was scouted by a guy at a halloween party, I was dressed up in a costume so it was a bit of a shock.

What's been the highlight of your career so far?

Shooting for Sports Illustrated and closing the Etam show in Paris while Snoop Dogg was performing!

Favourite moment on the shoot?

I loved starting the day with yoga!

Describe your usual morning routine?

I make my own fresh green juice then go to work out. I usually add guarana powder, a Brazilian extract, for extra energy. I really miss Brazilian smoothie bowls, so this is my way of recreating home.

Favourite place in London?

I don't know London well yet, so I still love seeing all the touristy things.

Standout piece from the shoot?

The matching <u>Upbeat Bra</u> and <u>Power Leggings</u> were amazing, then you can add the matching <u>Bomber Jacket</u> which is so cool, especially as it's reversible.

Where do you live in the world?

I live in New York, but sometimes I feel like I live in the sky and in hotels.

Where would you go on your ideal holiday?

I love going home to see my family in Brazil when I get the time.

Favourite place in the world?

I have been to so many incredible places around the world that it is really tough to choose just one. But one place that definitely has my heart is Costa Rica.

Where do you workout?

In New York I switch between functional training sessions and yoga. When I'm near the beach, I love to paddleboard if the water is flat and bodyboard if there are waves.

How do you motivate yourself to workout?

I look at Izabel Goulart's butt pictures and that motivates me.

How would you describe your style?

Casual but cute.

Essentials you always take on the plane?

Water and comfy clothes, you should always be comfortable!

Guilty pleasure?

Dancing on my own to cheesy latin music.

What would you be doing if you weren't modelling?

Living back home in Brazil near the beach and running my own business.

One thing I wish people knew about me?

I have a gorgeous twin sister!