

'TAUK OF THE TOWN

SUPERMODEL **SOFIA RESING** HAS FOUND HER HAPPY PLACE IN MONTAUK.

BY TIM LATTERNER

The weekly bustle of city life is enough to exhaust anyone by the time Friday rolls around. For international supermodel Sofia Resing, she retreats to her favorite spots in Montauk to recharge and have some fun before getting back to the grind. “The Hamptons to me is a little getaway from New York. I remember my very first time here a couple of years ago, looking around and thinking, It’s like I’m in a movie scene,” recalls Resing. “I grew up in Brazil watching lots of American movies. I was so obsessed with the cute PO boxes in front of the houses!”

While the photos in her shoots may be stills, nothing else about Resing’s time in the Hamptons is. “Surfing-wise, my favorite beach is Ditch Plains in Montauk. But if it’s during the week and I want to get out there after work, a closer option to New York is Lido Beach. I’ve been there one time, two hours before sunset in September, and those were the best waves I ever got in Long Island.”

After a long day on the water, though, the most important thing is finding the right meal. According to Resing, “My undisputed favorite is Dopo La Spiaggia in Sag Harbor—this is the best Italian restaurant I ever ate [at] in New York. Just everything on the menu feels like straight out of a farm in Tuscany. I also recently tried their spicy cucumber margarita, and it’s my new favorite!” ■

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For surfing, Resing is a fan of Montauk’s Ditch Plains or, if it’s during the week, Lido Beach. “Those were the best waves I ever got in Long Island,” she says.